



2026 NZ Farr 3.7 National Championships & New Plymouth Yacht Club Regatta Sailing Instructions

26th February – 1st March 2026 (Farr 3.7 Nationals)
28th February – 1st March (NPYC Regatta)

The Organising Authority is The New Plymouth Yacht Club,
PO Box 576, Ocean View Parade, New Plymouth.

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

The notation [DP] in a rule of the sailing instructions (SI's) means that the penalty for a breach of the rule may, at the discretion of the protest committee, be less than disqualification.

1 **RULES**

- 1.1 All races will be governed by the 'rules' as defined in the latest version of the Racing Rules of Sailing.
- 1.2 The YNZ Safety Regulations Part 1 and Part 5, Category C shall apply.
- 1.3 Competitors must meet the age requirements of the rules of the various classes.
- 1.4 All classes that have 3 or more boats will sail as a class. All other boats will race in an open class or classes.
- 1.5 Radio entries will not be accepted.

2 **DEFINITIONS**

- 2.1 Junior Classes – Optimis and Starlings
- 2.2 Senior Classes – ILCA, 420s, Open Centreboard, Hartley 16, Noelex 22, Open TS A Division, Paper Tiger, and Open Catamaran
- 2.3 Farr 3.7 Class – Referenced directly
- 2.4 Inner Course – Inside the harbour
- 2.5 Outer Course – Outside the harbour

3 **NOTICES TO COMPETITORS**

- 3.1 Notices to competitors will be posted on the official noticeboard located in the clubhouse foyer.

4 **CHANGES TO SAILING INSTRUCTIONS**

- 4.1 Any change to the Sailing Instructions will be posted before 0900 hours on the day it will take effect, except that any change to the schedule of races will be posted by 2000hrs on the day before it will take effect.

5 CODE OF CONDUCT

- 5.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

6 SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed on the Club Flagstaff.
6.2 When flag AP is displayed ashore, the race signal AP is altered to have “1 minute” replaced with “not less than 30 minutes”.
6.3 [DP][NP] Junior Classes shall not go afloat until the D flag is flown.

7 SCHEDULE OF RACES

- 7.1 Registration:
Farr 3.7 between 0800 – 1100hrs Friday 27th Feb
All other classes between 0800 – 0900hrs on Saturday 28th Feb.
- 7.2 Briefing:
Farr 3.7 at 1100hrs Friday 27th Feb.
All other classes at 0930hrs Saturday 28th Feb.
- 7.3 Schedule of races as follows:
Friday 27th Feb 2026 – 3 races **Farr 3.7 Class only** – 1227 hrs
Saturday 28th Feb – 3 races **All Classes** – 1057 hrs
Sunday 1st March – 3 races **All Classes** – 0957 hrs

8 CLASSES AND FLAGS

- 8.1 All class flags are the class insignia on a coloured background.
8.2 Classes not meeting the minimum 3-boat requirement shall sail under the following class flags:
Open Centreboard – Laser class flag.
Open Catamaran – Paper Tiger class flag.
Open Trailer Sailer – Noelex 22 class flag.

9 RACING AREAS

- 9.1 The racing area for the Junior Fleet is the waters inside the harbour.
9.2 The racing area for the Senior Fleet is the waters outside and adjacent to the harbour of Port Taranaki.
9.3 The racing area for the Farr 3.7 fleet is the waters outside and adjacent to the harbour of Port Taranaki.

10 THE COURSES

- 10.1 The NPYC course illustration in Addendum A attached shows the course numbers, the order in which marks are to be passed, and the side on which each mark is to be left.
- 10.2 Inner Harbour Course: Optimis and Starlings.
- 10.3 Outer Harbour Course: ILCA, 420s, Open Centreboard, Hartley 16, Noelex 22, Open TS A Division, Paper Tiger, Open Catamaran, and Farr 3.7.
- 10.4 The ILCA, 420s, Open Centreboard, Hartley 16, Noelex 22, Open TS A Division will round the inner “a” marks.
- 10.5 The Farr 3.7, Paper Tiger, and Open Catamaran will round the outer marks.

11 AREAS THAT ARE OBSTRUCTIONS

- 11.1 [NP] Do not sail between the beach in front of the New Plymouth Yacht Club and the black pole marking a reef.

12 MARKS

- 12.1 Marks are depicted in Addendum A – Courses.

13 THE START

- 13.1 The starting line will be between an orange flag on the race committee signal vessel at the starboard end and the port-end starting mark.
- 13.2 [DP][NP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 13.3 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing, this changes RRS A5.1 and A5.2.
- 13.4 For all starts, the times of Rule 26 are changed as follows:

<u>Signal</u>	<u>Minutes before starting signal</u>
Warning	3
Preparatory	2
One-minute	1
Start	0

14 CHANGE OF THE NEXT LEG OF THE COURSE

- 14.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

15 THE FINISH

- 15.1 The finishing line is between a staff displaying a blue flag on the finishing mark at the starboard end and the course side of the port end finishing mark.

16 PENALTY SYSTEM

- 16.1 For All classes, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 16.2 Boats failing to sign on each day shall be penalised 2 points without a hearing. These points shall be applied to the first race of that day. The Scoring Abbreviation shall be FSO (Failed to sign on/off). This changes RRS rule 63.1 and Appendix A10.
- 16.3 Boats failing to sign off each day shall be penalised 2 points without a hearing. These points shall be applied to the last race of that day. The Scoring Abbreviation shall be FSO (Failed to sign on/off). This changes RRS rule 63.1 and Appendix A10.

17 TIME LIMITS AND TARGET TIMES

- 17.1 Target time is 45 minutes. Time limit is 60 minutes.
- 17.2 Boats finishing more than 20 minutes after the first boat will be scored DNF This changes RRS 35, A5.1 and A5.2.
- 17.3 The race committee may award a finishing score to a boat that is still racing by displaying to her from a committee vessel (which may be in motion) flag W with one sound signal. A boat so notified is no longer required to sail the course (changing rule 28), shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this Sailing Instruction will be the score she would have received had she sailed the course and finished within any time limit, without gaining or losing any place. However, when two or more boats that are overlapped are notified, they will be scored as if they were tied
- 17.4 Failure to meet target time is not grounds for redress.

18 HEARING REQUESTS

- 18.1 The protest time limit is 60 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official noticeboard.
- 18.2 Immediately after finishing a boat intending to protest shall, in addition to the requirements of RRS61.1(a), inform the race committee at the finishing line of her intention to protest and the identity of the boat(s) protested against. The protesting boat must receive an acknowledgement from the race committee. This changes RRS 61.
- 18.3 Protest forms are available at the Race Office.
- 18.4 Notices of hearings will be posted within 30 minutes of the protest time limit.



19 SCORING

- 19.1 NPYC Regatta: one race is required for a series.
- 19.2 Farr 3.7 Nationals: five races are required for a series.
- 19.3 For all classes:
 - (a) When fewer than 6 races have been completed, a boat's series score is the total of her race scores.
 - (b) When 6 or more races have been completed, a boat's series score is the total of her race scores excluding her worst score

20 SAFETY REGULATIONS

- 20.1 [NP] Each boat's skipper shall check out before going on the water on the sheets located at the New Plymouth Yacht Club.
- 20.2 [DP][NP] Boats retiring must notify the NPYC Control Room.
- 20.3 Competitors shall individually check-in immediately on returning to shore after racing by personally signing check-in sheets located at the New Plymouth Yacht Club.
- 20.4 [DP][NP] Buoyancy vests must be worn at all times, except briefly whilst adjusting clothing.

21 TRASH DISPOSAL

- 21.1 Trash may be placed aboard support and race committee vessels.

22 REPLACEMENT OF CREW OR EQUIPMENT

- 22.1 [DP] Substitution of competitors is not allowed without prior written approval of the race committee.
- 22.2 [DP] Substitution of damaged or lost equipment is not allowed unless authorized in writing by the race committee. Requests for substitutions shall be made to the committee at the first reasonable opportunity, which may be after the race.

23 EQUIPMENT AND MEASUREMENT CHECKS

- 23.1 [DP][NP] A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.
- 23.2 [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

24 PRIZES

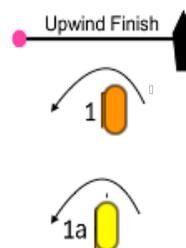
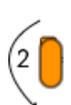
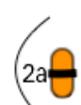
- 24.1 NPYC Regatta prizes awarded to 1st, 2nd, 3rd depending on entries.
- 24.2 Farr 3.7 prizes as per NOR.

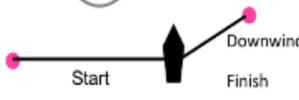


25 **RISK STATEMENT**

25.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

ADDENDUM A - COURSES

Downwind Finish Courses

1: S 1 3 1 F

2: S 1 3 1 3 1 F

3: S 1 2 3 1 F

4: S 1 2 3 1 2 3 1 F

5: S 1 2 3 1 3 1 2 3 1 F

6: S 1 3 1 3 1 3 1 F

Upwind Finish Courses

11: S 1 3 F

12: S 1 3 1 3 F

13: S 1 2 3 F

14: S 1 2 3 1 2 3 F

15: S 1 2 3 1 3 1 2 3 F

16: S 1 3 1 3 1 3 F

Marks	Description
Marks 1, 2, 3	Orange Cylindrical Buoy
Mark 1a	Yellow Cylindrical Buoy
Marks 2a, 3a	Orange Cylindrical Buoy with Black Band
Start/Finish Vessel	Race Committee Vessel
Start/Finish Pins	Orange Spherical Buoy