



High Performance Programme

Our repeated Olympic success has secured tier 1 funding from HPSNZ which enables us to provide world leading support from our youth programme through to Olympic success.



MISSION

OLYMPIC SUCCESS
WORLD CLASS PATHWAYS
EMPOWERED PEOPLE IN AN EMPOWERED ENVIRONMENT

VISION

NZ sailors and squads inspiring, growing and succeeding together over multiple Olympic cycles

TO WIN

We out plan, out learn, and out-prepare the competition

Sail Fast. Sail Smart. Sail Consistently

- **PEOPLE FIRST**
We prioritise the wellbeing of our sailors, coaches and staff
- **SHARED IDENTITY**
Enhance the fern
- **SQUAD BASED**
We build success together
- **EXCELLENCE IN PLANNING AND PREPARATION**
We are ready
- **WORLD CLASS ENVIRONMENT**
Strong support and healthy challenge
- **TIME ON THE WATER**
A clear purpose
- **CONNECTIVITY**
Through our programme and to grassroots sailing

NZL SAILING TEAM

NZL POTENTIAL LEVEL

FAST TRACK LEVEL

DEVELOPMENT / SCHOLARSHIP LEVEL

ENTRY LEVEL





- / Campaign financial support at the highest levels
- / Coaching
- / Technical coaching and resources
- / Weather and meteorology
- / Shipping and logistics support internationally
- / Campaign and programme management
- / Access to HPSNZ athlete performance support services including:
 - Strength and conditioning
 - Physiology
 - Nutrition
 - Performance life
 - Performance psychology
 - Wellbeing support
 - Prime Minister's university scholarships
 - Athlete internships
- / Career transition support and professional development opportunities
- / Education forums
- / Athlete mentoring







STRATEGIC PRIORITIES

1. Smart investment
2. A world-class environment
3. A world-class campaign process
4. Impactful pathways: Project 2032
5. Women's strategy



AON | National
Youth
Programme

National Youth Programme





IQFOIL



KITEFOIL



29ER

**THE YOUTH
CLASSES**



NACRA 15



420



ILCA 6



WINGFOIL

Programme Aims:

- NZL Sailors winning medals on the world stage
- Develop sailor led capabilities
- Encourage sailor pathways into Olympic campaigns and squads



Based around a season of National Youth Clinics

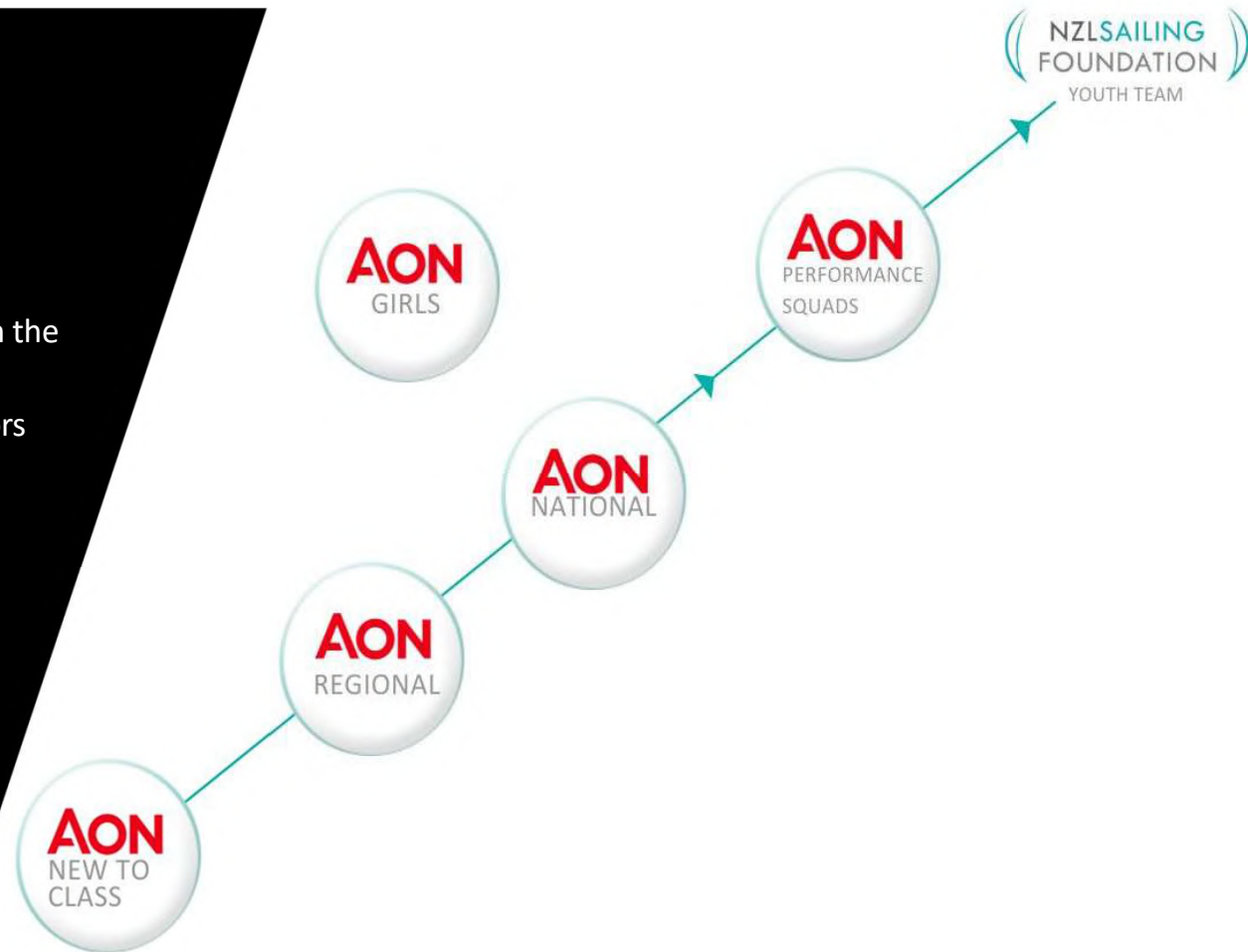
- October to October each year
- 5 clinics per year and live-in national camp
- Led by world class coaches and current sailors in the high-performance programme
- Auckland based but discounted for regional sailors

Sailors should:

- Have a base level of competency
- Be committed to their youth class
- Be sailing 3-4 days per week

Regional Clinics

- Min 3 sailors meeting above criteria
- Usually, 1-2 per year in each region
- Ongoing connection with lead class coach



Pinnacle Events in the programme:

Youth Class Worlds

- Usually open to anyone that wants to attend
- Work with class associations to structure class squad training and team support
- Coaching support at the event

NZ Youth Champs and the World Sailing Youth Worlds

- Youth Champs in September holidays each year
- NZ Youth Team selected
- Squad based training

