



NZL

NZL



Yachting New Zealand

NZL YOUTH SAILING

WHAT ARE THE YOUTH CLASSES



29er



420



Nacra 15



Laser Radial



Windfoiling



Kitefoiling

PHOTOS: SAILING ENERGY / WORLD SAILING

YACHTING NEW ZEALAND TEAM



The youth programme is tailored to ensure the continued development of New Zealand youth sailors by providing access to high quality knowledge and development support through the Aon clinic programme, class coaches and the Yachting New Zealand staff.

Each class has a lead coach who is supported by a team of Olympic campaigners and domestic coaches to deliver high quality tailored support to each class. Yachting New Zealand provides class coaches for the youth clinics, the youth worlds team, and a coach for the class worlds.



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OTHER USEFUL INFORMATION



The [Yachting New Zealand website](#) has a youth programme section which is updated regularly and includes information on:

- The NZ youth sailing calendar including Aon clinics, national regattas, and other events
- The New Zealand Youth Championships
- NZL Sailing Foundation Youth Team
- Aon National Youth Clinics
- Aon Regional Clinics

AIMS OF THE YACHTING NEW ZEALAND YOUTH PROGRAMME



OLIVIA HOBBS, LEFT, AND CRYSTAL SUN AFTER WINNING THE FEMALE TITLE AT THE 2018 29ER WORLD CHAMPIONSHIPS

The youth programme is part of the wider YNZ high-performance programme and is focused on being a supportive learning environment for youth sailors throughout New Zealand.

We are a programme that:

- Enjoys the journey
- Is always trying to improve
- Is willing to work hard
- Show appreciation and gratitude for the opportunities that we are provided through our sport
- Represent NZL Sailing and New Zealand with pride.
- Performs when it matters

The programme aims to achieve the following:

- Win medals at world championships
- Educate and inspire youth sailors towards Olympic campaigns and other international racing
- Develop the skill range of all New Zealand youth sailors

Why

- Many Olympic sailors and medalists were previous medalists at either a youth sailing world championship or international class world championship
- Sailing develops life skills and supports personal development

WORLD CHAMPIONSHIPS

WHAT'S THE DIFFERENCE BETWEEN THEM?



SEB MENZIES AND BLAKE MCGLASHAN TOOK OUT THE 2018 420 WORLD CHAMPIONSHIPS

There are two key world championships for youth sailors in every year and every youth class.

1 World Sailing's Youth Sailing World Championships

2 International class world (or youth world) championships

Both events are equally important to the success of the programme and the development of young sailors. They are both very different events in their nature but are both extremely competitive for different reasons.

Over the next couple of pages, we will try to give an overview of each event.

WORLD SAILING'S YOUTH SAILING WORLD CHAMPIONSHIPS

WHAT IS IT?



THE YOUTH SAILING WORLD CHAMPIONSHIPS IS THE PINNACLE EVENT FOR YOUTH SAILORS. PHOTO: SAILING ENERGY / WORLD SAILING

This event is run by World Sailing as a mirror of the Olympics. It's open to sailors who are under 19 on December 31 in the year of the event and Yachting New Zealand are invited by World Sailing to select and send a team each year to represent New Zealand, known as the NZL Sailing Foundation Youth Team.

This event is contested by sailors from more than 60 nations each year, with only one boat for each country for each of the nine youth classes (listed at the front). It is an amazing experience that all the sailors who earn a place in the team talk about throughout their lives.

When did we first go and why?

New Zealand has competed at the Youth Sailing World Championships since 1972, bringing home **57 medals**.

The fact that so many young sailors who learn to compete successfully in the youth classes go on to have successful careers at the highest level in a broad range of sailing disciplines, as well as in non-sailing related occupations, is why we put a lot of emphasis on young sailors gaining experience at these events.

Check out all the medallists on page 14. You may have met, seen or know some of them.

INTERNATIONAL CLASS WORLD OR YOUTH WORLD CHAMPIONSHIPS



Success at these events is valued as highly as the Youth Sailing World Championships. Like the youth worlds, the experience gained from attending these events plays a big part in supporting a sailor's development.

How do these work?

Each international class has an annual class world championship or class youth world championship.

- Class world championships – open to all ages but with a youth world champion prize
- Class youth world championships – an event for under-19s only

These regattas have much larger fleets (100+ in some classes) with multiple teams from each country able to compete. The size of the overall fleet and number of teams allowed from each country is managed by international class associations.

Some international class associations class make their championship open to any teams that wish to go but some international class associations limit the number of teams/ individuals allowed to attend from each nation, such as the Laser Radial.

THE NEW ZEALAND YOUTH CHAMPIONSHIPS



The NZ Youth Champs (youth trials) is run each year as a selection event for the New Zealand Youth Sailing Team that competes at the World Sailing Youth Worlds. Depending on the date of the youth worlds the regatta is held in the early part of the year for a July Youth Worlds or later in October for a December event.

The goal of the regatta is to simulate the feel of a youth worlds with racing run by

international race officers, equipment measurement before and during the event and no on water coaching is allowed.

The first placed sailor in each class of each gender is eligible to be selected for the team. These sailors then put a training programme together with the lead class coaches to build up to the youth worlds. Training partners and class squads are also included in this build up.

OVERVIEW OF YACHTING NEW ZEALAND YOUTH PROGRAMME



The Yachting New Zealand youth programme runs throughout New Zealand and is made possible by the generous support from Aon.

The programme is structured to support young sailors and they learn the skills they need to progress through club, national and international competition and become successful sailor capable of winning on any stage.

There are different types of clinics to support sailors at different levels as they learn to be successful. On the next two pages there are descriptions of each of them.

NZLSAILING
FOUNDATION
YOUTH TEAM

AON
WORLDS

AON
NATIONAL

AON
REGIONAL

AON
NEW TO
CLASS

AON
GIRLS



AON New to Youth Class Clinic

Designed for sailors who have moved into a youth class within the previous six months and are not already attending Aon National Youth Clinics.

There are two clinics per class scheduled each year. You can register your interest on [the YNZ Website](#).

To check when the next scheduled clinic is, [refer to the youth programme Teamup calendar](#).

These clinics aim to:

- Explain how the boat works
- Teach how to set up your boat for a variety of conditions
- Teach fundamental techniques that will help you progress your own training
- Provide an opportunity to be assessed for eligibility to attend the Aon National Youth Clinics

AON Regional Youth Clinic

These are tailored to support clubs, coaches and sailors as they build their skills locally and, where possible, with more than one class at each clinic.

The requirements needed for a club to apply are:

- Sailors are training with the future aim of attending Aon National Youth Clinics, class

nationals and NZ Youth Champs.

- The regular club coach is available to attend every clinic
- The club can provide a rib and cover the cost of fuel for coaches
- Provide a billet for the Yachting New Zealand coach

AON Girl's Clinics

These weekends provide a chance for female sailors to meet up with some of our most experienced and successful female Olympic sailors and learn about what it took for them to be successful on the world stage. The weekend will provide a great opportunity to build a sense of community, interact across all the classes and share the experience of being women in sport. Further details of the weekend will be announced closer to the time.



WHAT ARE THE YOUTH CLASSES



AON National Youth Clinics

Focused on supporting the best young New Zealand sailors as they strive for success at national and international events.

The training enables sailors from different clubs and regions an opportunity to:

- Share information on set-up/technique
- Access knowledge and advice from coaches and support staff

- Build relationships (sailors, parents, and coaches) and plans before competing at international events

- Test their skills against their peers

The yearly fee for the programme is \$550 for sailors based in the Auckland region and \$350 for sailors currently living outside the Auckland region.

AON Class Worlds Clinics

These clinics are for sailors who will attend their upcoming class world championships and will be focused on what the teams

require to peak at that event. The cost of these clinics is included in the Aon national youth programme fee.

Youth Team

Clinics are held for NZL Sailing Foundation Youth Team sailor and are an important part in the fine-tuning process of sailors who compete at the Youth Sailing World Championships. Additional sailors or teams

may be invited on a class-by-class basis depending on the individual requirements of each of the youth teams. More information will be made available to the team members as they are selected.

Additional Support – High Performance Sport New Zealand

Alongside the NZL Sailing Foundation Youth Team is [the Pre-High Performance Athlete Development \(Pre -HPAD\) Programme provided by HPSNZ.](#)

This programme supports athletes targeting future world and Olympic success and gives youth sailors access to

additional support such as gym access, a strength and conditioning program, athlete life support and other online resources.

This program also provides funding to bring guest speakers and experts into the Aon National Youth Clinics.

HOW DO YOU SIGN UP?



Different clinics have different eligibility requirements and details on these can be found on the [Yachting New Zealand Website](#) or by talking to the YNZ youth staff.

Do I need to be assessed?

Only for the Aon National Youth Clinics and beyond. For these clinics, sailors must apply for the programme and have attended a recognised eligibility event where their skills can be assessed by a Yachting New Zealand coach.

What do I need to have?

- The ability to be focused and self-sufficient on and off the water
- An on-water level of skill that will not tie a coach safety to a safety role in conditions over 20 knots
- A commitment to openly sharing knowledge and technique with other New Zealand coaches and sailors, for a purpose of raising the level of competition within the whole New Zealand fleet
- Be training consistently – three day per week is a rough guide
- Aiming to compete at class nationals and the New Zealand Youth Championships.

Possible eligibility events include:

- [Aon New to Youth Clinics](#)
- [Aon Regional Youth Clinics](#)
- The New Zealand Youth Championships
- Oceanbridge NZL Sailing Regatta
- New Zealand class nationals
- Murrays Bay Sailing Club Winter Champs
- Sir Peter Blake Regatta

Regional Support for Aon National Clinics

Yachting New Zealand have set up a Youth Regional Support fund to help fund sailors to attend Aon national youth clinics in Auckland.

Half of the cost of an average return airfare from a sailor's respective region will be paid to each individual to attend up to two Aon national youth clinics. Double-handed sailors will have to apply separately to both receive the funding.

Sailors can apply to attend any of the Aon National Clinics in the 2021/22 seasons.

Applications will be considered by a selection panel that has full discretion based upon the following:

- Previous results within the last nine months
- Intended upcoming major events between September 2021 and June 2022
- Training plan on and off the water

For more information please contact:
sam@yachtingnz.org.nz

LIFE AFTER YOUTH SAILING



The youth programme is part of the YNZ high performance programme. The support structure is illustrated on the following page. The high performance programme is focused on winning medals at the 2024 Paris Olympics and sustainable success for kiwi sailors. Information regarding the programme can be found on the [YNZ website](#).

After graduating from youth classes many sailors go on to become part of the Development Squad or the [Aon Fast Track Squad](#).

To be part of the Development squad programme you must be actively sailing an Olympic class for at least six months, be committed to an Olympic campaign,

be aiming to compete in your class world championships and have the potential to qualify for an Olympic Games. The programme is integrated with the Aon Fast Track Squad and focuses on supporting sailors to fast track their progression to a world class standard. This includes access to HPSNZ provider support and coaching as part of YNZ's squads.

The Aon Fast Track Squad aims to accelerate the standard of the most talented youth sailors from top international youth sailors to successful Olympic campaigners.

Any sailors that are soon to be finishing youth classes are encouraged to get in touch with Geoff Woolley to discuss options.

NEW ZEALAND YOUTH WORLDS MEDALLISTS SINCE 1977



GOLD

1978 **C. Dickson/ D Mackay**
 1979 **C. Dickson/ H. Willcox**
 1980 **C. Dickson/ S. Reeves**
 1981 **R. Coutts**
 1983 **J. Irvine**
 1989 **S. Bannatyne**
 1990 **D. Barker**
 1994 **D. Slater**
 1994 **S. Hesson**
 1996 **S. Small**
 1997 **S. Macky**
 1998 **M. Davies/ K. Burrows**
 2002 **T. Ashley**
 2009 **S. Meech**
 2010 **T. Saunders**
 2013 **I. McHardie/ M Wilkinson**
 2018 **J. Armit**
 2018 **S.Menzies/B.McGlashan**

SILVER

1974 **C. Gilberd**
 1979 **R. Coutts**
 1991 **D. Barker**
 1992 **A. Estcourt/ M. Stechman**
 1992 **D. Slater**
 1993 **M. Henshaw**
 1996 **J. Knight**
 1999 **S. Winther**
 2000 **A. Murdoch**
 2001 **K. O'Brien**
 2001 **C. Kitchen/ M. Overington**
 2001 **G. Woolley/ M. Overington**
 2004 **J. Aleh**
 2007 **P. Snow-Hansen/ B.Tuke**
 2007 **J. Junior**
 2010 **A. Maloney/ S. Bullock**
 2015 **G. Gautrey**
 2015 **N. Egnot Johnson/ J Keon**
 2018 **V. Ten Have**
 2018 **S. Lardies/ S. Mckenzie**

BRONZE

1975 **M. Jones**
 1975 **D. Barnes**
 1978 **P. Kempkers**
 1987 **N. Burfoot**
 1990 **A. McIntosh**
 1993 **S. Cooke/ E. Smyth**
 1994 **S. Wood/ J. Cheyn**
 1995 **J-P. Tobin**
 1999 **A. Murdoch**
 2002 **R. O'Brien/ K. Riechelman**
 2008 **S. Meech**
 2008 **C. Humme-Merry**
 2013 **M. Sommerville/ J.Simpson**
 2014 **M. Sommerville/ I McHardie**
 2015 **K.Stewart/ G. Stewart**
 2015 **T. Lindsay/ W. Mckenzie**
 2016 **K. Stewart/ G. Stewart**
 2018 **G. Stewart/ T. Fyfe**



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NEW ZEALAND**



**HIGH PERFORMANCE
SPORT NEW ZEALAND**

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Yachting New Zealand