

# YACHTING NEW ZEALAND SAFETY REQUIREMENTS

## Assistant Learn to Sail Coach (Dinghy)/Learn to Sail Coach (Dinghy)

### Buddy Coach

This Yachting New Zealand qualification enables you to assist with teaching the Yachting New Zealand National Sailing Scheme (Level 1, and Level 2) to sailing students at yachting & boating clubs and other affiliated organisations, subject to the Yachting New Zealand safety requirements.

### Assistant Learn to Sail Coach (Dinghy)

This Yachting New Zealand qualification enables you to assist with teaching the Yachting New Zealand National Sailing Scheme (Level 1, and Level 2) to sailing students at yachting & boating clubs and other affiliated organisations, subject to the Yachting New Zealand safety requirements.

### Learn to Sail Coach (Dinghy)

This Yachting New Zealand qualification enables you to teach all aspects of the Yachting New Zealand National Sailing Scheme (Level 1, and Level 2) to sailing students at yachting & boating clubs and other affiliated organisations, subject to the Yachting New Zealand safety requirements.

***Coaches are reminded that not following these safety procedures may result in the withdrawal of your Coach qualification.***

### **Ratios:**

At Learn to Sail level, i.e. Start...Sailing! and Sailing...Fast! our requirements are as follows:

Single Handed boats: Up to 6 boats per Assistant or LTS Coach

Double Handed boats: Up to 4 boats per Assistant or LTS Coach

### Buddy Coach

One buddy coach to one Learn to sail coach

### Assistant Learn to sail coach

Three assistant coaches to one Learn to sail coach

### **Safety Guidelines**

1. Coaches and students must wear personal buoyancy aids while afloat
2. All sailing courses are to be run under the approval of a qualified Learn to sail coach
3. All participants on the course must be able to swim 50 metres in a buoyancy aid wearing light clothing
4. Coach boats must be on standby prior to any yachts leaving the shore
5. Coach Boat Kill cord must be worn
6. Coaches must have a means of communication (cell phone or VHF)

### **Coaches should also pay particular attention to the following:**

- Judging the weather & wind strength
- Rescue boat handling
- Anticipation of problem situations and their prevention
- Choice of suitable sailing areas with regard to wind direction and strength
- There should be a person with a current first aid qualification on site while the sailing is taking place.

### **Helmet requirements while sailing**

Coaches should refer to the respective class rules to see if helmets are required. Clubs have their own discretion to either recommend or require helmets.

*Coaches should always seek to improve classroom techniques, running courses and sailing supervision skills.  
Please do not hesitate to contact Yachting New Zealand for any extra assistance or guidance in these areas*