

Topic 1





Can you remember the meaning of the new words from Topic 1?

Match each word to its definition.

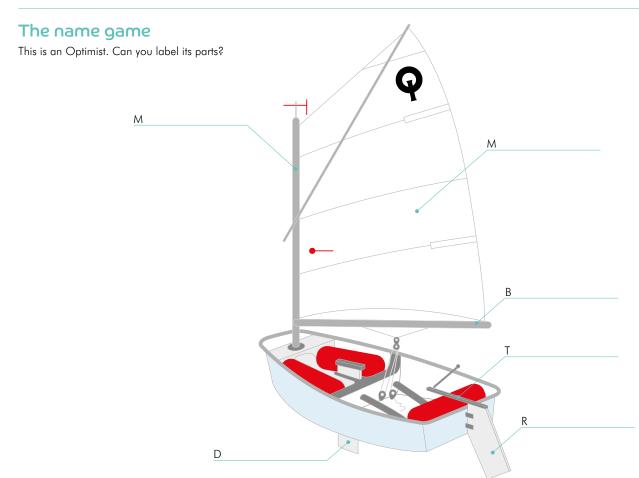
Key word		Meaning
Sustainability		To complete something without help from anyone.
Perseverance		Organisms that grow in water.
Courage		To care for something.
Resilience		The concept of being able to use or do something for a long time without running out of resources or damaging the environment.
Single- handed		To keep trying, even when it might be difficult.
Algae		Doing something that might scare you.
Stewardship		Getting through a difficult time, being strong on the inside and trying your best.

Search for words!

Find the races and boats in the word search.

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the ocean race dinghy kitesurfing catamaran americas cup skiff olympics imoca











Quiz time!

Let's see what we remember from Topic 1: Race with World Sailing! This is a 2 person team multiple choice quiz. Read each question and decide which answer your team thinks is correct. Check with your instructor for the answers!

- 1. When did World Sailing start?
- a. 1905
- b. 1906
- c. 1907
- 2. What is the name of the goals that aim to solve extreme poverty, fix climate change and fight inequality and injustice?
- a. United Nations Environmental Goals
- b. United Nations Sustainable Development Goals
- c. United Nations Eco-Development Goals

- 3. Which of the races that you learnt about in Topic 1 is the oldest?
- a. The Ocean Race
- b. The Olympic Games
- c. America's Cup
- 4. Which of the races that you learnt about in Topic 1 is the longest?
- a. SailGP
- b. The Ocean Race
- c. America's Cup
- 5. Which of the boats that you learnt about in Topic 1 is the fastest?
- a. F50
- b. IMOCA 60
- c. VO65

Debrief time		
My favourite class of boat is the		because
l like	race because	
2 things that I can do to become a more sustaina	ble sailor are:	
1		
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Topic 1



Can you remember the meaning of the new words from Topic 1?

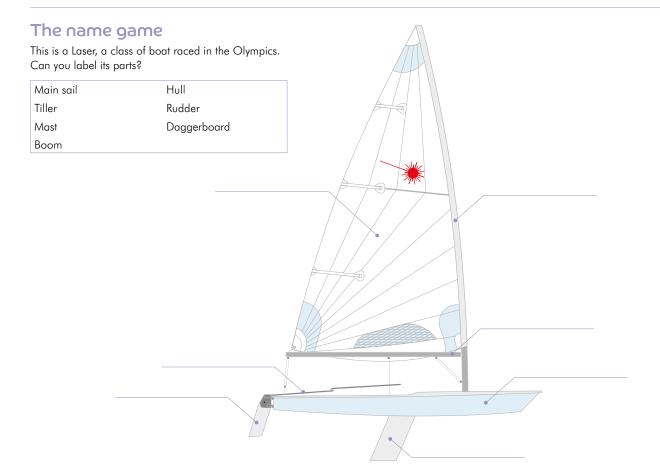
Use the first letter to complete each word, then match the definitions.

Key word	Meaning
S	To complete something without help from anyone.
P	Organisms that grow in water.
c	To care for something.
R	The concept of being able to use or do something for a long time without running out or damaging the environment.
Sh	To keep trying, even when it might be difficult.
A	Doing something that might scare you.
S	Getting through a difficult time, being strong on the inside and trying your best.

Search for words!

Find the races and boats in the word search.

pwa world tour	the ocean race	americas cup	olympics
windsurfing	dinghy	catamaran	
skiff	imoca	kitesurfing	







Race with World Sailing!



Quiz time!

Let's see what we remember from Topic 1: Race with World Sailing! This is a 2 person team quiz. Read each question and decide on the answer with your teammate. Check with your instructor for the answers!

- 1. When did World Sailing begin?
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- 5. Which of the boats that you learnt about in Topic 1 is the fastest?
- a. F50
- b. IMOCA 60
- c. VO65
- 6. How many sailing events are there in the Olympic Games, where you can win an Olympic medal?
- a. 5
- b. 10
- c. 14
- 7. How many times has Dee Caffari single-handedly sailed nonstop around the world?
- a. 1
- b. 2
- c. 3
- 8. Who does Yago Lange sail with in the Olympic Games?

List 2 things that make someone a top sailor

- a. his father
- b. his sister
- c. his brother
- 9. Bonus question!

Debrief time		
d like to sail a	because	
d like to compete in	race because	
skills I need to develop to become	a top sailor are:	
·	because	
	because	
things I can do to become a more		
J		





Can you remember the meaning of the new words from Topic 1?

Read each definition and write in the word.

Key word	Meaning
	To complete something without help from anyone.
	Organisms that grow in water.
	To care for something.
	The concept of being able to use or do something for a long time without running out or damaging the environment.
	To keep trying, even when it might be difficult.
	Doing something that might scare you.
	Getting through a difficult time, being strong on the inside and trying your best.

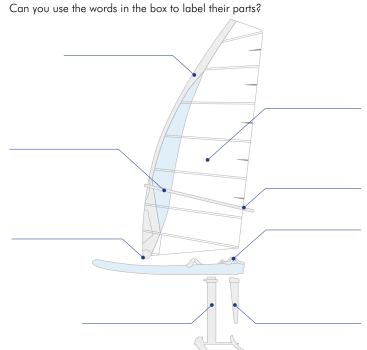
Search for words!

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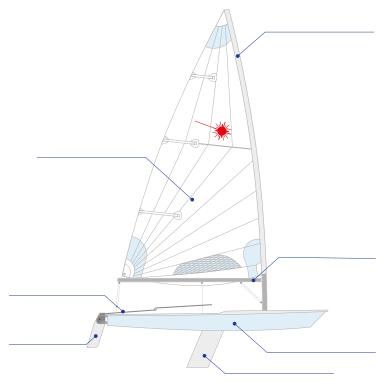
pwa world tour	the ocean race	americas cup	dinghy
windsurfing	catamaran	olympics	
skiff	imoca	kitesurfing	

The name game

Here is a Laser and an iQFOIL.



Main sail	Boom	Out Haul	Foil
Mast	Down Haul	Strap	Fin



Main sail	Mast	Hull	Daggerboard
Tiller	Boom	Rudder	





Race with World Sailing!

6. Which of the boats that you learnt about in Topic 1 is the fastest?

Quiz time!

Let's see what we remember from Topic 1: Race with World Sailing! This is a 2 person team guiz. Read each guestion and decide on the

This is a 2 person team quiz. Read each questic answer with your teammate. Check with your in		b. IMOCA 60 c. VO65
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Debrief time I'd like to sail a	because	
I'd like to compete in		
	_	
2 individual skills I need to develop to become	a top sailor are:	
	because	
	because	

because _

I want to become a more sustainable sailor because