



Kiting

development pathway

LEARN TO KITE (age 10+ years)

- Learn at an accredited kite school
- Buy a twin tip and two kites following completion of basic lessons
- Continue sailing junior/youth classes to build racing skills

LEARN TO FOIL

- This can be done once you're in control of a kite and mastered the basic tricks and jumps (average of 1-3 years)
- Rent a learner foil from a kite school
- Buy your own race foil once you've mastered the basics on a foil

FOIL RACING

- Join club racing and national kiting events once you're able to competently go around a course (see nzkra.co.nz)
- Attend Aon youth and high performance programmes

Buying your own gear

CHECK LIST

- Twin tip board (size based on size of rider, check online recommendations)
- Harness (seat style harness recommended)
- Wetsuit (4-3mm, full length recommended)
- Booties (high ankle recommended)
- Pump
- Buy 2+ tube kites, different sizes to allow for wide wind range. Size of kites should be based on weight and average wind where person is based. At least 3m size difference between the two kites is recommended
 - 1+ bar and lines (usually comes with kite purchase)
 - Helmet (recommended)

Below is a table with a rough guide to choosing a kite size.

SIZE	10	15	20	25	30	35	BAR
4m							45cm
5m							45cm
6m							45cm
7m							45cm
8m							50cm
9m							50cm
10m							50cm
11m							50cm
12m							50cm
14m							55cm
KNOTS	10	15	20	25	30	35	

Wind range is indicative only based on an average rider weight of 80kg. Actual range will vary based on rider skill level and type of board used.

A rough guide to tube kite size purchase, based on New Zealand conditions for different weight ranges

90+kg: 11m + 14m **60-69kg: 8m + 11m**

80-89kg: 10m+13m **50-59kg: 7m + 10m**

70-79kg: 9m+12m **40-49kg: 6m + 9m**

Buyer should keep foiling in mind when buying a kite, as some kites are designed to accommodate foiling and twin tip boards. A few current options for a beginner kite that can be used for foiling:

CURRENT HARNESS BRANDS RECOMMENDED:

Prolimit Naish Mystic Ion Ozone Slingshot

CURRENT TUBE KITES FOR LEARNING TO RIDE AND FOIL RECOMMENDED

Ozone Alpha Ozone Enduro Naish Boxer Naish Pivot Duotone Mono

TUBE KITES FOR FOIL RACING

Ozone Edge (recommended) F-one Furtive

CURRENT RACE FOILS RECOMMENDED

Mike's Lab Bullet 2, 3 (recommended), 4, 5 Enata Banga Spots Axis Marroro

FOIL RACE KITES FOR FOIL RACING

Ozone r1 Flysurfer VMG F-One Diabalo

