

PHILOSOPHY	SAILOR PATHWAY	COACHING QUALIFICATION		PERSONAL DEVELOPMENT
Sailing for fun	Learn to sail Learn to race Recreational sailing	LEARN TO SAIL – Start COACH LEARN TO SAIL – Start Sailing! / SailingFast! Basic coaching skills, delivery of the YNZ Learn to Sail syllabus, safety ar risk management, basic coach boat driving	delivery of the YNZ Learn to Sail syllabus, safety and risk	Race Management
Racing to win	Club, regional and national racing	СОАСН	LEARN TO RACE – Go Racing! / NATIONAL LEVEL Understanding coaching/athletes, effective coaching, coaching sailing skills, coach boat driving, sailor safety, rescues	Judge/Umpire Training Safety Boat Training First Aid
	Social sailing World Cup regattas Regional Academy Talent development Regional & national selected sailors	Regatta COACH	NATIONAL/ WORLD CHAMPIONSHIP LEVEL Understanding coaching/athletes advanced, effective coaching advanced, weather, sailing skills advanced, risk management	Motor Mechanic Mentoring Self Directed Learning Regional Sport Trusts'
		PERFORMANCE	WORLD CHAMPIONSHIP/ OLYMPIC/PARALYMPIC LEVEL Course analysis, high speed towing, weather advanced, risk management	Coach Courses Inclusive Coaching Module

PERFORMANCE соасн advanced, sport science, video

Fighting for glory

Olympic squad



ELITE OLYMPIC LEVEL

analysis

Carded coach scheme, recognition of ability, individualised professional development

For more information www.yachtingnz.org.nz/coaches-officials







HIGH PERFORMANCE