Yachting New Zealand

## YACHTING NEW ZEALAND **COACHING TOOLS**

## **Master Coach Modules**

## **Revalidating your Coaching Qualification**

In 2007 we held the first of our new coaching courses and there are a lot of coaches coming up for revalidation.

The reason for revalidation is to make sure that people are current and up to speed with new coaching techniques. There are always lots of lessons learned and new approaches. I have been busy out on the water with coaches from all over the country developing resources and observing best practise. I have turned these best practice activities into worksheets called Master Coach Modules. These Master Coach Modules will now become one of 2 ways to revalidate your coaching qualification.

1<sup>st</sup> option is to sit the next coaching level course.

- Race Coach Regatta Coach Performance Coach
- Olympic Coach

If you don't want to move up a coaching level i.e. your happy coaching at this level, you have a second option. 2<sup>nd</sup> option is to choose a Master Coach Worksheet to complete. There are many options varying from planning, video analysis, tidal analysis, wind analysis, designing new drills etc.

There is no cost for this and this can be done in one of your coaching sessions anytime throughout the year.

**Remember:** There is no cost to revalidate your coaching certificate.













## Master Coach Modules (Revalidating Your Coaching Qualification)

Once you have completed this you send it to the Coach Development Manager and you will be awarded as "Master Coach" at the same level. (If you are a Race Coach and complete a Master Coach Module you become a "Master" Race Coach.) This recognises your further development.

The purpose of this style of revalidation is to keep coaches thinking about new ways of coaching and also to develop new skills, do some research and provide resources back to me which I can share when developing junior coaches.

The idea is that we will end up with a bunch of resources and templates of best coaching practice.

"The Purpose of revalidation is to keep coaches current and thinking about new ways to coach."

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