



REGIONAL SPORTS TRUSTS (RST)

There are 17 Regional Sports Trusts across New Zealand. The goals of a RST are to increase regional levels of physical activity and to strengthen regional sport and physical recreation infrastructures (which includes clubs).

Regional Sports Trusts often run training for club administrators, volunteers and coaches. They have access to funding sources and in some cases can provide direct funding for projects and programmes directly.

RTSs are a good link to schools as they work closely with schools in the region to promote opportunities to get involved with different sports. They can be a good way to promote what opportunities your club offers if your club is looking to grow your young membership.

RSTs foster links with local business, which can help connect you to that group to build financial support or simply grow your membership in the community.

Get in contact with your local RST and ensure they know about what your club does, and how your club can benefit from the work they do.