



NZL

NZL



*Yachting New Zealand*

# NZL YOUTH SAILING

# WHAT ARE THE YOUTH CLASSES



When we say youth classes, we are talking about the boats sailed at World Sailing's Youth Sailing World Championships. Have you seen these classes around?

## RS:X 8.5



## 29er



## 420



## Nacra 15



## Laser Radial



PHOTOS: SAILING ENERGY / WORLD SAILING

# YACHTING NEW ZEALAND TEAM



The youth programme is tailored to ensure the continued development of New Zealand youth sailors by providing access to high quality knowledge and development support through the Aon clinic programme, class coaches and Yachting New Zealand staff.

Each class has a lead coach who is supported by a team of Olympic campaigners and domestic coaches to deliver high quality tailored support to each class. Yachting New Zealand provides class coaches for the youth clinics, the youth worlds team and a coach for the class worlds.



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PHOTO: SAILING ENERGY / WORLD SAILING

The Yachting New Zealand website has a youth programme section (link below) which is updated regularly and includes information on:

- Dates and times of all clinics
- NZL Sailing Foundation Youth Team
- Selection policies
- Training resources (gym programmes, nutrition information, injury prevention etc)

**Website Link** <http://www.yachtingnz.org.nz/high-performance/youth-programme>

# AIM OF THE YACHTING NEW ZEALAND YOUTH PROGRAMME



OLIVIA HOBBS, LEFT, AND CRYSTAL SUN AFTER WINNING THE FEMALE TITLE AT THE 2018 29ER WORLD CHAMPIONSHIPS

The youth programme is part of the Yachting New Zealand high performance programme.

## **The programme aims to achieve the following:**

- Win medals at world championships
- Inspire and educate sailors towards Olympic campaigns
- Develop the skill range of all sailors (professionalism, problem solving, resilience, technical, communication etc) to a high level and open up all future opportunities available in the sailing community

## **Why**

- 64% of our current NZL Sailing Team were previous medallists at either a Youth Sailing World Championships or international class world championships
- Expose young people to exceptional life memories and experiences across different cultures
- Sailing is hard and learning to be good at it builds great people who have the skill to better tackle life's challenges

## **The fundamental principles of the programme:**

- Have fun working hard
- Constantly seek to be better
- Work as one team (sailors, parents and coaches) to be the best we can in our roles

# WORLD CHAMPIONSHIPS



## WHAT'S THE DIFFERENCE BETWEEN THEM?



SEB MENZIES AND BLAKE MCGLASHAN TOOK OUT THE 2018 420 WORLD CHAMPIONSHIPS

There are two key world championships for youth sailors in every year and every youth class.

### **1** World Sailing's Youth Sailing World Championships

### **2** International class world (or youth world) championships

Both events are equally important to the success of the programme and the development of young sailors. They are both very different events in their nature but are both extremely competitive for different reasons.

Over the next couple of pages, we will try to give an overview of each event.

# WORLD SAILING'S YOUTH SAILING WORLD CHAMPIONSHIPS



## WHAT IS IT?



THE YOUTH SAILING WORLD CHAMPIONSHIPS IS THE PINNACLE EVENT FOR YOUTH SAILORS. PHOTO: SAILING ENERGY / WORLD SAILING

This event is run by World Sailing as a mirror of the Olympics. It's open to sailors who are under 19 on December 31 in the year of the event and Yachting New Zealand are invited by World Sailing to select and send a team each year to represent New Zealand, known as the NZL Sailing Foundation Youth Team.

This event is contested by sailors from more than 60 nations each year, with only one boat for each country for each of the nine youth classes (listed at the front). It is an amazing experience that all the sailors who earn a place in the team talk about throughout their lives.

### When did we first go and why?

New Zealand has competed at the Youth Sailing World Championships since 1972, bringing home **56 medals**.

The fact that so many young sailors who learn to compete successfully in the youth classes go on to have successful careers at the highest level in a broad range of sailing disciplines, as well as in non-sailing related occupations, is why we put a lot of emphasis on young sailors gaining experience at these events.

Check out all the medallists on page 14. You may have met, seen or know some of them.

### When is the next one and can you go?

For information on the next Youth Sailing World Championships and qualification for the event, check the Yachting New Zealand website or grab Matt or Stu for a chat.

# INTERNATIONAL CLASS WORLD OR CLASS YOUTH WORLD CHAMPIONSHIPS

Success at these events is prized as highly as the Youth Sailing World Championships and, like the youth worlds, the experience gained from attending trials and championships plays a big part in supporting a sailor's development as they build the skills they need.

## How do these work?

Each international class has an annual class world championship or class youth world championship.

- Class worlds championships - open to all ages but with a youth world champion prize
- Class youth world championships – a standalone event for under-19s only

These regattas have much larger fleets (100+ in some classes) with multiple teams from each country able to compete. The size of the overall fleet and number of teams allowed from each country is managed by the international class associations.

Some international class associations make their championships open to any teams that wish to go but some international class associations limit the number of teams/ individuals allowed to attend from each nation, such as the Laser Radial.

When only a limited number of places for each country are available, each national class association will hold single or multiple trials where sailors can earn a spot.

For more information on this process, contact your national class association.

## 2019 Class World Championships

- Nacra 15 world championships, TBC
- RS:X youth world championships, TBC
- 420 world championships, 3-11 July, Vilamoura, Portugal (open with youth prize)
- Laser Radial youth world championships, 24-31 July, Kingston, Canada (under-19s only)
- 29er worlds, 2-8 July, Gdynia, Poland (open with youth prize)



# NATIONAL & CLUB EVENTS



## WHERE DO THEY SIT?



MANY NATIONAL EVENTS PROVIDE GOOD COMPETITION AT A FRACTION OF THE COST OF INTERNATIONAL REGATTAS

These events are the foundation that allows a young sailor to build and test their skill, see where they sit compared to their peers and open their eyes to the areas they need to work on without having to travel internationally.

The whole process is based around individual sailors building an ability to identify, and then focus on, developing the relevant skills that will move them forward at one level before moving up to the next. This approach also gives the sailor an opportunity to experience being at the front of a fleet without the major financial expense of

doing all this learning in the middle of an international fleet.

Club and national events are also the social foundation that sailor, parent and coach relationships across the classes are built on. They provide opportunities to make friends you will probably know for most of your life and learn from the people you meet along the way.

New Zealand clubs and classes have amazing calendars of events and championships, so check out the Yachting New Zealand website for an overview.

# OVERVIEW OF YACHTING NEW ZEALAND YOUTH PROGRAMME



The Yachting New Zealand youth programme runs throughout New Zealand and is made possible by the generous support from Aon.

The programme is structured to support young sailors as they learn skills they need to progress through club, national and international competition and become successful sailors capable of winning on any stage.

There are five types of clinics to support sailors at different levels as they learn to be successful. Here is a brief description of each one.



## **AON** New to Youth Class Clinic

Designed for sailors who have moved into a youth class within the previous six months and are not already attending the Aon National Youth Clinics.

Registration must be completed through the Yachting New Zealand website two weeks before each clinic.

**Cost:** \$100 per sailor

### **Clinic aims**

- Explain how the boat works
- Learn how to set up your boat for a variety of conditions
- Learn the fundamental techniques that will help you progress your own training
- Provide an opportunity to be assessed for eligibility to attend the Aon National Youth Clinics

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## **AON** Regional Youth Clinic

These replace Aon talent ID clinics and are tailored to support clubs, coaches and sailors as they build their skills locally and, where possible, with more than one class at each clinic.

### **The requirements needed for a club to apply are:**

- A minimum of three youth teams per class who train regularly

- Sailors are training with the future aim of attending Aon National Youth Clinics, class nationals and Yachting New Zealand youth trials
- The regular club coach is available to attend every clinic
- The club can provide a RIB and cover cost of fuel for coaches
- Provide a billet for the Yachting New Zealand coach

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## **AON** Girl's Clinics

These weekends provide a chance for female sailors to meet up with some of our most experienced and successful female Olympic sailors and learn about what it took for them to be successful on the world stage. The weekend will provide a great opportunity to

build a sense of community, interact across all the classes and share the experience of being women in sport.

Further details of the weekend will be announced closer to the time.

## AON National Youth Clinics

Focused on supporting the best young New Zealand sailors capable of competing for medals at international events and world championships.

### **This training enables sailors from different clubs and regions an opportunity to:**

- Share information on set-up/technique
- Access knowledge and advice from coaches and support staff
- Test their skills against their peers
- Build bonds (sailors, parents and coaches) and plans before international events
- Push each other hard

Application and registration is required on a yearly basis and runs from September to September.

The fee for 2018/19 season will be \$550 for sailors based in the Auckland region and \$350 for sailors currently living outside the Auckland region.

### **Included in this fee:**

- Aon national youth clinics
- Aon class worlds clinics
- Costs associated for a coach to attend the international class worlds

## AON Class Worlds Clinics

These clinics are for sailors who will attend their upcoming class world championships and will be focused on what the teams require to peak at that event.

### **Information:**

- **Cost:** Included in Aon national youth programme fee
- **Registration:** Included in Aon national youth programme
- **Dates:** Check programme calendar for dates and venue or speak with Stu Thomas at YNZ

## Youth Team

Clinics are held for NZL Sailing Foundation Youth Team sailors and are an important part in the fine-tuning process of sailors who will compete at the Youth Sailing World Championships. Additional sailors or teams

may be invited on a class-by-class basis depending on the individual requirements of each of the youth teams.

More information will be made available to the team members as they are selected.

# HOW DO YOU SIGN UP?



Different clinics have different eligibility requirements and details on these can be found on the Yachting New Zealand website or by talking with Stu Thomas.

## What do I need to have?

- The ability to be focused and self-sufficient on and off the water
- An on-water level of skill that will not tie a coach solely to a safety role in strong conditions
- A commitment to openly sharing knowledge and technique with other New Zealand coaches and sailors, for the purpose of raising the level of competition within the whole New Zealand fleet and, therefore, increase the likelihood of effective performance at world championships
- Be training consistently – four days per week is a rough guide

## Do I need to be assessed?

Only for the Aon National Youth Clinics and beyond. For these clinics, sailors must apply for the programme and have attended a recognised eligibility event where their skills can be assessed by a Yachting New Zealand coach.

## These events include:

- Aon New to Youth Classes Clinic
- Aon Regional Youth Clinics
- Yachting New Zealand Youth Trials
- Oceanbridge NZL Sailing Regatta
- New Zealand class nationals
- Murrays Bay Sailing Club winter champs
- Sir Peter Blake Regatta

## Do I need to go to every one?

We understand that sailors may not be able to attend all clinics due to exams and other time constraints and we are comfortable with this if there is an overall commitment to the programme.

For sailors based outside of Auckland, we are working on options to increase the accessibility of these clinics to you.

## Youth Calendar Link

<https://teamup.com/ksun9j4orv59ze9otx>

All sailors who are registered for the programme will receive an email when any updates are made to the calendar.

# NEW ZEALAND YOUTH WORLDS MEDALLISTS SINCE 1977



THE 2018 NZL SAILING FOUNDATION YOUTH TEAM WON FOUR MEDALS AT THE YOUTH SAILING WORLD CHAMPIONSHIPS

## GOLD

1978 **C. Dickson/ D Mackay**  
1979 **C. Dickson/ H. Willcox**  
1980 **C. Dickson/ S. Reeves**  
1981 **R. Coutts**  
1983 **J. Irvine**  
1989 **S. Bannatyne**  
1990 **D. Barker**  
1994 **D. Slater**  
1994 **S. Hesson**  
1996 **S. Small**  
1997 **S. Macky**  
1998 **M. Davies/ K. Burrows**  
2002 **T. Ashley**  
2009 **S. Meech**  
2010 **T. Saunders**  
2013 **I. McHardie/ M Wilkinson**  
2018 **J. Armit**

## SILVER

1974 **C. Gilbert**  
1979 **R. Coutts**  
1991 **D. Barker**  
1992 **A. Estcourt/ M. Stechman**  
1992 **D. Slater**  
1993 **M. Henshaw**  
1996 **J. Knight**  
1999 **S. Winther**  
2000 **A. Murdoch**  
2001 **K. O'Brien**  
2001 **C. Kitchen/ M. Overington**  
2001 **G. Woolley/ M. Overington**  
2004 **J. Aleh**  
2007 **P. Snow-Hansen**  
2007 **J. Junior**  
2010 **A. Maloney/ S. Bullock**  
2015 **G. Gautrey**  
2015 **N. Egnot Johnson/ J Keon**  
2018 **V. Ten Have**  
2018 **S. Lardies/ S. Mckenzie**

## BRONZE

1975 **M. Jones**  
1975 **D. Barnes**  
1978 **P. Kempkers**  
1987 **N. Burfoot**  
1990 **A. McIntosh**  
1993 **S. Cooke/ E. Smyth**  
1994 **S. Wood/ J. Cheyn**  
1995 **J-P. Tobin**  
1999 **A. Murdoch**  
2002 **R. O'Brien/ K. Riechelman**  
2008 **S. Meech**  
2008 **C. Humme-Merry**  
2013 **M. Sommerville/ J.Simpson**  
2014 **M. Sommerville/ I McHardie**  
2015 **K.Stewart/ G. Stewart**  
2015 **T. Lindsay/ W. Mckenzie**  
2016 **K. Stewart/ G. Stewart**  
2018 **G. Stewart/ T. Fyfe**

JOSH ARMIT THIS YEAR WON NEW ZEALAND'S FIRST GOLD MEDAL AT THE YOUTH SAILING WORLD CHAMPIONSHIPS SINCE 2013.  
 PHOTO: SAILING ENERGY / WORLD SAILING



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