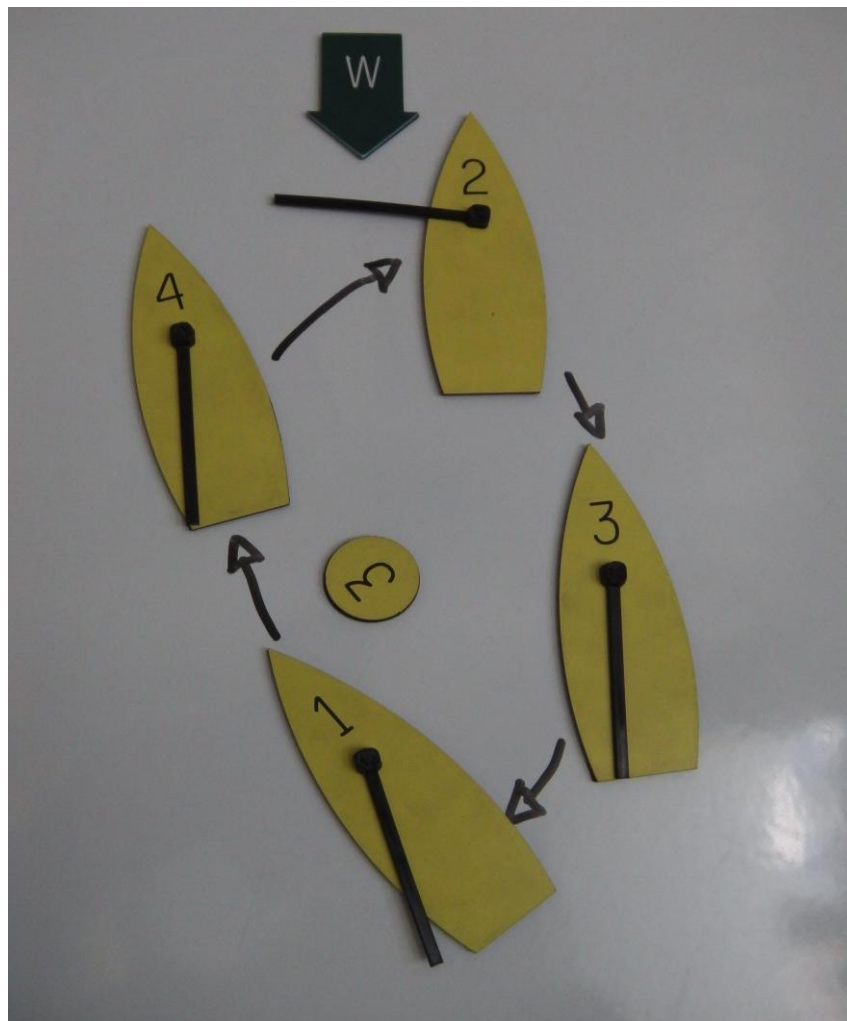




Boat Handling Round a Mark



This drill is designed to improve the sailors boat handling skills by manoeuvring their boat around the mark without tacking.

The sailor should move clockwise around the mark and return to the same position.

By sailing upwind, then head to wind, the boat shall go forwards of the mark. Then backing the sail and steering the boat round the mark.