



## **Aon National Youth Clinics**

Aon National Youth Clinics are focused on supporting the best young New Zealand sailors capable of competing for medals at international events and world championships.

This training enables sailors from different clubs and regions an opportunity to:

- Share information on set-up/technique
- Access knowledge and advice from coaches and support staff
- Build bonds (sailors, parents and coaches) and plans before international events
- Test their skills against their peers
- Push each other hard

### **Eligibility**

Before entering the programme, Sailors need to be signed off as having met the eligibility requirements of the programme. There requirements are:

1. Assessed to have a basic competency in the class and of a sufficient level to take part safely and at the desired level of the clinics
2. Be training consistently, 4 days per week is a rough guide
3. Attended a recognised eligibility event where their skills can be assessed by a Yachting New Zealand Coach. These events include;
  - Aon new to Youth Classes Clinic
  - Regional Aon Youth Clinics
  - Yachting New Zealand Youth Trials
  - Oceanbridge NZL Sailing Regatta
  - Class New Zealand National Championships
  - Murrays Bay Sailing Club Winterchamps
  - Sir Peter Blake Regatta

We understand that sailors may not be able to attend all clinics due to exams and other time constraints and we are comfortable with this as long as there is an overall commitment to the season programme.

### **The Clinics**

For all Yachting New Zealand Youth Clinics Sailors will need to be rigged and ready by 10am at the venue. Sailors should bring a pen and notebook with them.

### **Registration**

For 2017/2018 season on, registration will be for the whole season programme, this includes all the Aon National Youth Clinics on the calendar plus 1 coach per Class Youth Worlds (listed above) to provide coach support at the worlds along with all Aon Class Worlds Clinics for sailors who are attending there respective Class Worlds.

\*The registration for the Aon National Youth Clinics is separate to the support provided for the World Sailing Youth Worlds Team, the NZL Sailing Foundation Youth Team.

The registration fee for the whole season will be \$300 per sailor.



Each sailor will receive an Aon National Youth Clinic bib to identify the sailors at clinics and regattas to the coaches upon registration, acceptance to the programme and payment.

There will be no individual clinic registration. If you would like to find out more information about how the clinics run, contact the Youth Coordinator, Stuart Thomas.