



Course Outline

Advanced Sea Survival Training

Yachting New Zealand reminds all skippers of their paramount duty to manage all risks on board and pay particular attention to those manoeuvres that carry high levels of risk. Proper training and practice is an essential part of the Skipper's duty. It is essential that training includes simulation of emergencies using the most realistic scenario possible.

SR Appendix 6 of the Yachting New Zealand Safety Regulations of Sailing requires at least 30% of the crew including the skipper to have undertaken advanced sea survival training within five years before the start of any voyage where Advanced Sea Survival is required.

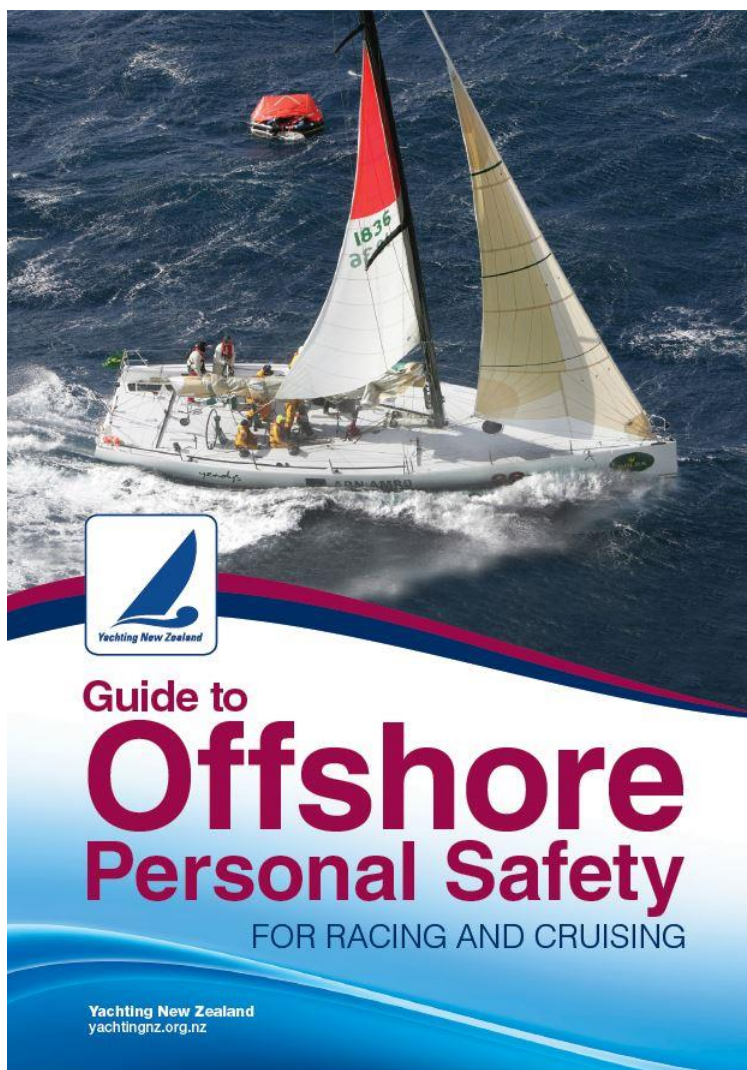
For races, some race committees will require more than 30% of the crew to be trained.

Training includes:

- History, statistics and legislation
- Accidents and emergencies
- Equipment
- Safety and emergency planning
- Risk assessment
- Man overboard, life rafts and equipment
- Distress signals and responsibilities
- Wet drill
- SAR systems and responsibilities
- Fire precautions and fire fighting
- Medical care aboard
- Damage control
- Weather and forecasting
- Heavy weather techniques
- Storm sails



The publication below is a comprehensive guide to Advanced Sea Survival and a copy is issued to each participant on the Advanced Sea Survival course.



Approved training provides include **Coastguard Boating Education and Seawise Boating Education**; both courses are approved by Yachting New Zealand and recognised by Australian Sailing and World Sailing.

Coastguard Boating Education

165 Westhaven Drive, Westhaven, Auckland 1010, New Zealand

Postal - P O Box 91322 Victoria Street West, Auckland 1142, New Zealand

Telephone: (09) 361 4700

Fax: 09 376 4775



Email: info@cbes.org.nz

Website: www.cbes.org.nz

- See the website for a current list of training providers and scheduled courses.
- CBES Advanced Sea Survival Training (Theory and Wet Drill), Duration: Two Days
- Pre-Requisite: Valid First Aid Certificate

Seawise Boating Education NZ

Website: www.seawise.info

Email: seawise.info@vodafone.co.nz

Mobile: (+64) 021 976 713

- Syllabus delivered to small groups or Individual boat crews.
- Location of course and time structure is flexible to the individual or group.
- Syllabus offered throughout New Zealand.