

Inclusive Regattas

As more clubs look towards including sailors with disabilities, and in particular, their local Hansa fleets, in club regattas, the following “cheat sheet” and hints are offered as suggestions when writing the Notice of Race, Sailing Instructions or on the day, to help regattas run as smoothly as possible. Not all of the following will apply to every event.

Items in *italics* are suggested wording

N.O.R and S.I. numbers in brackets refer to the numbering in the standard YNZ template

N.O.R.	S.I.	Suggestion	Explanation
*(1.6 or 3.1?)	*(1.4 or 1.7?)	<i>SKUD18 will be sailed in(X.X) configuration (specify J.1/J.2/J.3/J.4)</i>	SKUD 18 configuration Event Notices of Race may state in which configurations the SKUD 18 shall be sailed: <u>J.1. Open Two Person</u> -Two crew can hike, or if one sits in a centreline seat one can trapeze. <u>J.2. Open Three Person</u> - Three crew can hike, or if one sits in a centreline seat one can trapeze <u>J.3. Open Two Person Centreline</u> - Two crew both in centreline seats <u>J.4.World Sailing Two Person</u> -Two crew both in centreline seats, with additional provisions specified by World Sailing.
* (4)		<i>The following classification requirements will apply (see rule 79):</i> <u>_____</u> .	This will usually only be used at Paralympic or other events that are not open to all competitors or have additional awards for sailors with classifiable disability.
*(12.2)	*(14.2)	<i>For the Hansa classes RRS 44.1 and RRS P2.1 are changed so that the Two Turns Penalty is replaced by a One Turn Penalty.</i>	This is in line with many other classes, but it is also important to note that many sailors have less ability to quickly release and recover sheets, and servo boats are less responsive too. Also, with the forward facing seating in Hansa classes, and less neck movement or smaller stature of some sailors, it is difficult to check it is clear to start a turn (this may also cause some delay in taking a penalty).
*(16)	*(25)	<i>Boats assigned places in the harbour shall not be hauled out during the regatta, except with and according to the terms of prior written permission of the race committee.</i>	Hansa class boats usually remain in the water for the duration of most regattas, due in part to the weighted keels and manpower resources required to launch and retrieve daily.
	*(1.5)	<i>Racing rules will be changed as follows – Rule 41 is changed to allow the exception of assistance to Hansa boats with the following.....(specify) Rule 61.1 is changed to “shall hail ‘protest’ if sailor is able to”</i>	Suggested exceptions- seating adjustment, bailing, reefing, battery replacement, repair of servo equipment – these can all be regarded as safety issues, and the time taken to assist with these things would negate any competitive advantage achieved. If it is used, Sailing Instruction 23.1 will also need to be altered Some sailors are unable to hail protest
	*(2,3)	Location of Notices to Competitors, changes to Sailing Instructions and Results	Notices to competitors, changes to Sailing Instructions and results should ideally be posted in an accessible location and at a height suitable for wheelchair users and those with smaller stature.
	*(4.2)	Signals made ashore (time allowance)	It may take longer for people with disabilities to get into boats and leave the dock, especially if lifting equipment is required for a number of competitors
	*(6)	Class Flags	Hansa classes may be run separately (class flags attached)

			or under one or more specified flags. If Hansa Class flags are not available, and substitutes are used, consider what colours are easily seen by Visually Impaired sailors.
	*(9)	When describing course marks, consider allocating the tallest/largest marks or the least faded available to the Hansa courses, or making the course slightly shorter with more laps.	Class rules require sailors in Hansa 2.3, 303 Liberty and SKUD 18 (when sailed in some configurations) to remain seated and seats are low on the centreline of the boats. Sailors are also often smaller in stature or visually impaired, making it difficult to see smaller, more distant or older faded marks.
	*(15, 15.2)	Target times	Some physical disabilities affect individuals' ability to regulate heat/cold, and intellectual disabilities may lead to a shorter concentration span so it is prudent to limit race times to no more than 60 minutes or 40 minutes in regattas for sailors with intellectual disabilities. Also, many sailors will find it challenging to remain on the water for extended periods for the same reasons, so the use of 15.2 is also suggested to lessen the time required between races. As a rough guide, aim for time on the water to be less than 6 hours, and reduce this further if wind is sustained above 18 knots, or temperatures are below 15c or above 30c
	*(16.6)	Protest time limits (time allowance)	Suggest start time from when last boat ties up rather than from last boat finishing last race - often boats are dependent on being towed into a marina and then access to lifting equipment to leave the boat and get to area to lodge a protest.
	*(16.7)	Protest room location	Location should be accessible, and large enough to accommodate a support person if required.
	*(18.1)	Sign in/out sheet location	If sign in/out required, it is recommended that it be in a fixed, accessible location .
	*(23.1)	<i>Except when requested to participate in rescue operations, or assisting Hansa classes, ...</i>	If sailing instruction 1.5 changes Rule 41 to allow assistance to Hansa boats, sailing instruction 23.1 should include assisting Hansa classes.

At The Sailor's Briefing.....at the Sailors briefing it is a good idea to emphasise to all sailors the importance to call for rights early if Visually Impaired or smaller sailors are competing, and that not all sailors may be able to hail protest, and abiding by the rules and taking penalty turns on the water is preferable to ending up in the protest room!

NZ Hansa Class Association Minimum Wind Speed Guideline

The recommended minimum wind speed for starting is that in which the race committee considers the boats have sufficient capability for pre- manoeuvres.

NZ Hansa Class Association Maximum Wind Speed Guidelines

Note: The following are guidelines only. The decision when to commence, continue or abandon a race is the responsibility of the race officials and should take into consideration local conditions, the ability of the sailors, fatigue levels and the capability of safety coverage. It is recommended that races should not start, or races in progress should be abandoned, when average wind strength or gusts exceed the speeds indicated in the table below, or the race committee considers conditions unsuitable for racing.

Class	Average Wind Strength		Maximum Gust
	Waves Less Than One Metre	Waves Greater Than One Metre	
Hansa 2.3	20 knots	16 knots	24 knots
Hansa 303	22 knots	18 knots	28 knots
Hansa Liberty	26 knots	24 knots	30 knots
SKUD 18	26 knots	25 knots	30 knots

Hansa Class Recommended Yardsticks for Mixed Class Racing

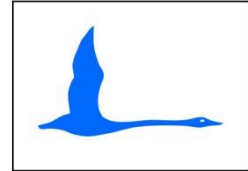
Hansa Classes	Portsmouth Yardstick (PY) 2013	ACA (UK) Recommended PY Yardstick	Yachting Victoria Yardstick (YV) 2012 - 13	AHCA Recommended YV Yardstick	Sportboat Measurement System (SMS) Rating
2.3 Single Person	1925	1925	175	175	-
2.3 Single Person Full Servo	-	-	-	182	-
303 Single Person	1630	1630	166	165	-
303 Double Person	1660	1660	-	170	-
Liberty	1550	1550	132	140	-
Liberty Full Servo	-	-	-	145	-
SKUD 18 – Two Person, Centreline	1060	1660	-	113	0.685
SKUD 18 - Two Person, Open	-	-	-	110	0.704
SKUD 18 - Three Person, Open	-	-	-	108	0.715
Comparative Class					
29er	922	-	96.5	-	-
International 2.4mR	1250	-	137	-	-
International Cadet	1432	-	153	-	-
Laser	1087	-	113	-	-
Laser 4.7	1180	-	122	-	-
Mirror	1385	-	143	-	-
Optimist	1648	-	166.5	-	-
Flying Fifteen MkI	1020	-	109	-	-
Flying Fifteen MkII	1020	-	112	-	-

Hansa Class Flags

International Hansa Class Flag
Recommended 1600x1200mm
PMS293 Blue Insignia and Name on White Field
To be flown at regatta / event venue



Generic Hansa Class Flag
Recommended 600x900mm
PMS293 Blue Insignia Only on White Field
(can be used in conjunction with numeral pennants to identify divisions)



Hansa 2.3 Single Person Division Flag
Recommended 600x900mm
PMS293 Blue Insignia & Class Name on White Field



Hansa 2.3 Two Person or Servo Division Flag
Recommended 600x900mm
White Insignia & Class Name on PMS293 Blue Field



Hansa 303 Single Person Division Flag
Recommended 600x900mm
PMS185 Red Insignia & Class Name on White Field



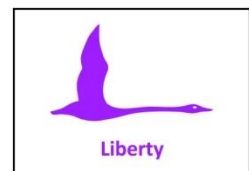
Hansa 303 Two Person Division Flag
Recommended 600x900mm
White Insignia & Class Name on PMS185 Red Field



Liberty Open Division Flag
Recommended 600x900mm
White Insignia & Class Name on PMS2593 Purple Field



Liberty Servo Division Flag
Recommended 600x900mm
PMS2593 Purple Insignia & Class Name on White Field



SKUD 18 Division Flag
Recommended 600x900mm
PMS812 Pink Insignia / Class Name on White Field



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